

DETERMINATION IS IMPORTANT TO ME

One quality I am glad I possess is determination. Determination, to me, is the ability to go forward with a fixed idea of what I can accomplish.

My determination pushes me to get things done, plow through unsavory situations, and eventually achieve my goals.

When I am confronted with a challenge, I tell myself, "I know I can do this" and then I do. Determination carries me through trials and tribulations. When I begin to struggle, I feel something inside of me "shift gears." Then, I am in determination mode.

I put my emotional strength and brain power into the situation and push forward to reach the finish line for the goal at hand. Each time I achieve a goal, no matter how small, my capacity for determination increases.

If it were not for determination, I am not sure where I would be now.

I can say without hesitation that my sense of purpose in life is largely fueled by my level of determination. In any given day, I am presented with people, issues, and situations that test me in some way. Resolving things in everyday life can be achieved, as long as I recognize the importance of my determination.

Today, my determination surrounds me. I am thankful that determination guides me to the results I desire in life.

REFLECTION QUESTIONS

1

How does determination help me overcome challenges?

2

What are some examples of when determination helped me achieve my goals?

3

How can I cultivate a stronger sense of determination in my daily life?