

## EACH PERSON I MEET PLAYS A PART IN MY LIFE

I embrace each relationship that I become a part of. I carefully seek out the value that each interaction produces.

Some relationships are short-lived, and others have longevity, but I value them all. My life is shaped by those I encounter. This reality is true for my personal, professional, and spiritual life.

In my personal life, I meet people who become my trusted friends. But I also meet people who show me how harmful certain character traits are.

Although I choose to avoid people with questionable character, I am thankful that I come across them. Their example shows me which behaviors to embrace and which ones to bypass.

At work, I am thankful for each of my colleagues because they bring something unique to the workplace. I learn from each of them.

My spiritual life is stronger because I open my mind to the spiritual journey of others. Although I may share different beliefs from another person, their display of their value system shows me how to embrace and live my own.

I get answers to tough spiritual questions by speaking with others. I am able to do this without feeling forced to convert to their beliefs.

Today, I am thankful for the lives and spirits that cross my path each day. I appreciate the opportunity to reflect on each day and take the positive examples into consideration. My existence is richer because I open myself up to learning from others.

## REFLECTION QUESTIONS

**1**

How have different relationships shaped my personal and professional life?

**2**

What lessons have I learned from short-lived relationships?

**3**

How can I embrace and learn from the spiritual journeys of others while staying true to my own beliefs?