

I ACCEPT MY FRIENDS FOR WHO THEY ARE

There is beauty in uniqueness. Looking out for that special something in each person allows me to abandon my own perception and accept their unique qualities.

Each of my friends is different from me. They are also different from my other friends. I disagree with the notion that friends all have similar personalities and characteristics. The differences from one friend to another are worth celebrating and embracing.

My friendships are based on the value that the relationships add to my life. It is fine for me and my friends to have different interests and tastes.

Connecting soul to soul is what makes relationships special. When I find someone who understands me and who I understand, that is enough for me. I accept each of the characteristics that makes them special.

My friends know that the last thought on my mind is to judge their actions. Each person is entitled to make their own choices. I live by that philosophy.

Although I sometimes disagree with the direction that someone takes, I avoid allowing that to cloud my mind. Whenever a friend comes to me for advice, I give it with love. I have little expectation of anyone acting on my recommendations.

Today, there is much to celebrate because I am surrounded by beautiful souls. My friends are an important part of my life. We click with each other. I accept each one for the unique person they are.

REFLECTION QUESTIONS

1

How do I celebrate the unique qualities of each of my friends?

2

What are some ways I can support my friends' individuality?

3

How can I ensure my advice is given with love and without expectations?