

## I AM CONFIDENT THAT I CAN FIND MY SOUL MATE

This planet is filled with many beings, and I know my soul mate is one of them. It may take a little time, but I am sure I can find the one that is meant for me.

I have the necessary patience to avoid settling for the wrong person. I have the self-control and resilience to recognize the importance of patience and am willing to wait for true love.

I have peace of mind during my search for the right partner. I am optimistic about the future and look forward to meeting my soul mate sometime soon.

I am ready for a positive relationship. My personality is interesting and engaging, so others are attracted to me. I have the confidence and self-respect to attract the "one."

I know that the best match for me is out there - I need only to get out there and look. So I attend social functions and welcome new people into my life. I regularly go out on dates. I reach out to others to find my soul mate.

Each relationship brings me closer to the ideal partner for me.

Today, I am ready to find my soul mate, but patient about finding the one that I know is right for me. I am confident that my search will result in true love.

## REFLECTION QUESTIONS

**1**

What qualities do I value in a soul mate, and how can I attract those qualities?

**2**

How can I practice patience and resilience in my search for the right partner?

**3**

How does maintaining a positive outlook help me in finding my soul mate?