

I INSPIRE OTHERS

I am an inspiration to many people in my life. They are inspired by my attitude, kindness, courage, and happiness. I enjoy the fact that other people benefit by the way I live my life. It inspires me to do even better.

My attitude is one of my greatest assets. I am a positive person that expects great things to happen in my life. I take full responsibility for the positive and negative things that happen in my life.

I am clear on my goals and assertive when it comes to achieving them. Many people find this inspiring.

I am a kind person that treats everyone with respect. I have a fondness for everyone I meet. Others are inspired by my kindness.

I avoid allowing certain people into my life, but I still treat these people well.

I am a courageous person. I pursue my goals relentlessly. I am able to overcome anxiety and other uncomfortable emotions. I do what needs to be done, and I am willing to do what is right. I inspire others with my courage.

I am the epitome of happiness. I enjoy my life greatly and help others to enjoy their lives. I inspire everyone to achieve greater levels of happiness.

Today, I am going to try to inspire everyone I encounter. I am setting a good example and living my life in the best way I know how.

REFLECTION QUESTIONS

1

How can I set a positive example through my attitude, kindness, and courage?

2

What are some ways I can inspire others to achieve their goals and happiness?

3

How does living a life of inspiration benefit both me and those around me?