

## I LOOK FORWARD TO MEETING OTHERS

There are always occasions to make acquaintances. At every opportunity, I introduce myself to others I don't yet know. I enjoy meeting new people.

When I am getting ready to attend a party or special gathering, I realize there's a good chance that several people I do not know will be there. I relish that thought because it means I might make a new friend or two.

I consider meeting and getting to know others as a means to an end. These are paths toward lifelong friendships. After all, you never know when the next person you meet might end up being your best friend.

As I meet new people, it is apparent that others feel differently about establishing new acquaintances. I think about the struggles that some people experience when meeting others. And then it becomes clear that I can set a positive example by enjoying interactions with new people.

Meeting others enriches my life. I might learn something I didn't know before. Perhaps meeting a new person can provide me with a great story to tell. Regardless of the situation, I get excited about interacting with new people.

Today, I choose to embrace every opportunity to get to know others. I feel happy that I truly enjoy meeting people. I look with renewed interest toward making new acquaintances.

## REFLECTION QUESTIONS

**1**

How can I create more opportunities to meet new people?

**2**

What are the benefits of establishing new friendships and acquaintances?

**3**

How can I set a positive example for others who struggle with meeting new people?