

MY DREAMS ARE ONE OF MY TOP PRIORITIES

While I have many responsibilities, my dreams are always a top priority. I realize that dreams are what make life worth living. It is easy to get caught up in day-to-day responsibilities, but I always remain aware of my dreams.

I regularly schedule time to work on my dreams. I know they require time and attention to come to fruition. Each day, I spend at least a few minutes making my dreams become a reality.

My dreams are worthy of my time.

It can be easy to become sidetracked, but I always remember to focus on my dreams.

At work, I use spare moments to remind myself that my dreams are important. I especially like to use the time while I am driving to reflect on my dreams. I review my goals and create plans that enable me to achieve them.

I surround myself with people that support and respect my dreams. Life is too short to allow anyone else into my life.

My environment is supportive of my dreams as well. I am certain that my dreams are coming true.

Today, my dreams are one of my top priorities. I realize that everything else exists to support my dreams. Making my dreams come true is up to me and I am up to the challenge.

REFLECTION QUESTIONS

1

How can I make time each day to work on my dreams and goals?

2

What steps can I take to ensure my environment supports my dreams?

3

How does surrounding myself with supportive people help me achieve my dreams?