

I AM DEEPENING MY RELATIONSHIPS

I foster community and belonging by engaging in meaningful conversations, actively listening, and offering my presence.

The roots of my relationships grow in trust and mutual respect, and I am committed to watering these seeds with kindness and understanding.

I prioritize the people who inspire and uplift me, and in turn, I aim to be a source of support and encouragement for them.

Each connection is a living entity, evolving and deepening with every shared experience and honest exchange.

REFLECTION QUESTIONS

1

Which relationships in my life are most fulfilling?

2

How can I further deepen these connections?

3

What new ways can I show appreciation for my loved ones?