

# I AM REDISCOVERING THE NIGHT SKY

I am rediscovering the night sky, marveling at the stars, the moon, and the infinite expanse above me. This celestial spectacle, far beyond what any screen can replicate, fills me with awe and a deep sense of connection to the universe.

As I gaze up, I am reminded of the vastness of the cosmos and the countless mysteries it holds. This sense of wonder invites me to contemplate life's profound questions and our place within this incredible expanse.

The night sky offers me a unique perspective, grounding me in the present moment while simultaneously opening my mind to the infinite possibilities beyond. I find solace and inspiration in the stars, understanding that I am a part of something far more significant than myself.

This reflection brings humility and a renewed appreciation for life, reminding me to embrace the beauty and vastness of existence with an open heart and a curious spirit.

## REFLECTION QUESTIONS

**1**

What emotions does stargazing evoke in me?

**2**

How can observing the night sky shift my perspective on life?

**3**

What can I learn about the stars and planets?