

MY INSTINCTS TELL ME WHO TO TRUST

My instincts speak to me regularly. They come from my gut and guide me through life.

It is easy to be misled by those who mean harm, but I am vigilant. I pay close attention to cues that show me someone's intentions. Whenever I feel unsure about a motive, I do more digging.

Sometimes, that is how I determine who I can trust. The information presented before me is often insufficient, so I search for my own sources.

When I look at investment options, I do due diligence on brokers with wondrous offers. Things that seem too good to be true often are.

I conduct thorough research before making a financial decision. Making new friends in a foreign country is important, but I must also be careful with the choices I make.

Before I agree to meet someone, I find out as much about them as possible on my own.

I ask around and see what others have to say about them. My safety and protection are my responsibility when I am abroad.

Whenever I doubt someone's motives, I avoid interactions with them. My well-being is more important than building social relationships. Today, I listen closely to what my instincts tell me.

They guide me along safe paths and align me with those who mean me well. I am thankful for my presence of mind.

REFLECTION QUESTIONS

1

How can I develop and trust my instincts more fully?

2

What signs or cues help me determine if someone is trustworthy?

3

How can I balance my desire to build relationships with the need to ensure my safety and well-being?